



Aspire a pathway to mental health Inc

## Service Provider Information

### **Aspire, Sage Hill Carers Service – Thyme Cottage Flexible Respite Program**

The Thyme Cottage service provides overnight, planned and unplanned short stay, (maximum 7 nights per episode), respite care in a home-like setting in a rented 5 bedroom residential property at 5 Banyan Street, Warrnambool.

The Cottage service is designed to provide respite for carers of adults (16—65) with mental illness.

Priority of access will be given to carers of adults with a dual disability, (Mental illness as well as either intellectual disability) and dual diagnosis, (Mental illness in association with Acquired Brain Injury (ABI) or substance abuse issues), residing in the South West.

The program can provide accommodation for either carers or care recipients.

If vacancies exist Thyme Cottage can be accessed by any other non-priority groups, this includes those in areas outside the south west.

**Please note that the house is not suitable for people with significant mobility issues.**

### **Staffing.**

Thyme Cottage is only staffed on a needs basis, staff are accessed through local brokerage services.

Thyme Cottage has access to a pool of experienced staff who can provide support to Cottage users if required. Alternatively referring services can make their own staffing arrangements. All staff who will be providing support must undertake a mandatory orientation to the facility.

### **Cost**

Under the FACSIA Mental Health Respite Program brokerage funds may be sourced for service delivery through the Commonwealth Carer Respite & Carelink Centre (CCR&CC). These funds can only be accessed in situations where Thyme Cottage is providing carer respite and will be assessed on an individual needs basis.

In circumstances where funding is not available through CCR&CC we can explore other avenues of funding such as the Aspire Planned Respite Program.

Service users are responsible to purchase their own food during their stay, all other accommodation requirements are provided.

The table below sets out standard costs, these can be negotiated on an individual basis. It should be noted that group bookings are far more cost effective.

Number of people	Cost per Night	Cost per Week (7 nights)
1	\$100.00	\$600.00
2	\$120.00	\$700.00
3	\$150.00	\$900.00
4	\$200.00	\$1200.00
5	\$250.00	\$1,500.00
6 or greater	\$300.00	\$1,800.00

- Entry after 2.00pm exit by 10.00am exceptions can be negotiated on an individual basis depending on bookings.
- Paid carers – no charge
- Staff will be provided at current brokerage rates of supplying agency

### **Referral**

Referral will be accepted from all service providers as well as self referral.

Preferred Referral Documentation:

- The Aspire Planned Respite Referral form or SCTT consumer and carer information forms.
- Thyme Cottage Risk Assessment (for consumer referrals only)
- SCTT Consent to Share Information (**Please make sure that the CCR&CC is listed if brokerage funding is requested**).

### **Further Information**

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